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ТҮРК ЭЛДЕРИНИН САЛТТУУ СПОРТ ОЮНДАРЫНЫН ӨЗБЕКСТАН РЕСПУБЛИКАСЫНДАГЫ БАШТАЛГЫЧ БИЛИМГЕ ТИЕШЕЛҮҮ ЧЕНЕМДИК- УКУКТУК ДОКУМЕНТТЕРДЕ ЧАГЫЛДЫРЫЛЫШЫ

Аннотация: Бул макалада 1997-жылы кабыл алынган Өзбекстандын "Билим берүү" жөнүндөгү мыйзамы жана 2020-жылы бул мыйзамга толуктоолор, 2017-жылы кабыл алынган "Орто билим жана кесиптик орто билим боюнча мамлекеттик стандарттарды бекитүү боюнча жобо", 2020-жылы бул жобого толуктоолор, 2002- жылдагы "Этноспортту жайылтуу жана өнүктүрүү иш боюнча чаралары", "2022-2026-жылдарга Жаңы Өзбекстандын өнүгүү стратегиясы", 1-4-класстын окуу программасын негизин түзгөн жалпы билим берүүнүн негизги компетенциялары, илимий компетенциялары жана балдардын спортко жана дене тарбияга болгон кызыгуусун, мотивациясын, Түрк элдеринин салттуу спорттук оюндарын чоң масштабда жайылтуу: күрөш жана анын түрлөрү, жаа, көк бөрү, кыз куумай, жирит, мангала, тогуз коргоол. Нормативдик документтердин айкалышы, оюндардын теориясы менен практикада айкалыштырып колдонулушу, жыгач менен иштөө, коомдук иш чараларды өткөрүү, студенттердин арасында кызыгууну арттыруу, оюндарды сактоо жана кийинки муундарга өткөрүп берүү маселелери талданат.

Негизги сөздөр: "Билим берүү" жөнүндө жобо, мамлекеттик стандарттар, этноспорт, башталгыч билим берүү, дене тарбия, түрк элдери, салттуу спорт, күрөш жана анын түрлөрү, жаа атуу, кыз куумай, көк бөрү, жирит, мангала, тогуз коргоол, жыгач менен иштөө.

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ОСВЕЩЕНИЕ ТРАДИЦИОННЫХ СПОРТИВНЫХ ИГР ТЮРКСКИХ НАРОДОВ В НОРМАТИВНО-ПРАВОВЫХ ДОКУМЕНТАХ, КАСАЮЩИХСЯ НАЧАЛЬНОГО ОБРАЗОВАНИЯ РЕСПУБЛИКИ УЗБЕКИСТАН

Аннотация: В данной статье рассматриваются Закон Республики Узбекистан № 464-І «Об образовании», утвержденный в 29.08.1997 г., и его новая редакция в 2020 году, Постановление Кабинета Министров Республики Узбекистан от 04.06.2017 года № 187 «Об утверждении государственных образовательных стандартов общего среднего и среднего специального образования» и его новая редакция в 2021 году, Постановление Президента Республики Узбекистан от 25.05.2022 года № ПП-259 «О мерах по популяризации и

развитию этноспорта», Указ Президента Республики Узбекистана от 28.01.2022 года № ПФ-60 «На 2022-2026 годы «О Стратегии развития Нового Узбекистана», базовые и научно-связанные компетенции общего среднего образования и формирование мотивационного отношения обучающихся к физическому воспитанию» и спорт в годовых программах физического воспитания в 1-4 классах начального образования, что является самым основным звеном общего среднего образования, традиционные виды спорта тюркских народов широкая пропаганда игр: теоретическое и практическое использование на уроках таких игр, как разных вид борьбы, стрельба из лука, копкари, погоня за девушкой, джирит, мангала, девять колоколов, перетягивание дрова и т.д., организация массовых мероприятий для пробуждения интереса у учащихся, а также сравнительно проанализирована совместимость нормативно-правовых документов с практической деятельностью по сохранению этих игр и одновременной передаче их следующему поколению.

Ключевые слова: Закон «Об образовании», государственные образовательные стандарты, этноспорт, начальное образование, физическое воспитание, тюркские народы, традиционные виды спорта, борьба и ее виды, стрельба из лука, копкари, охота за девушками, джирит, мангала, девять колоколов, лесозаготовки.

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COVERAGE OF TRADITIONAL SPORTS GAMES OF THE TURKIC PEOPLES IN THE LEGAL AND REGULATORY DOCUMENTS RELATED TO PRIMARY EDUCATION IN THE REPUBLIC OF UZBEKISTAN

Abstract: In this article, the Law of the Republic of Uzbekistan “On Education” approved in 1997 and the revision of this Law in 2020, the approval of the Decision "On approval of state educational standards of general secondary and special secondary education" in 2017 and the revision in 2021, the revision of “Ethnosports” in 2022 “On Popularization and Development Measures”, Decree On the Development Strategy of New Uzbekistan for 2022 - 2026", Basic Competencies of General Secondary Education, Science-related Competencies, which are the most basic links of general secondary education. In the annual curriculum of physical education in grades 1-4, in order to form students' motivational attitude to physical education and sports, promote the traditional sports of the Turkish people on a large scale: wrestling and its types, archery, kopkari, girl chasing, jirit, mangala, nine bells, The compatibility of legal and regulatory documents with practical activities on theoretical and practical use of games such as wood pulling in classes, organization of public events, arousing interest among students, preservation of these games, and at the same time passing them on to the next generation was comparatively analyzed.

Key words: Law “On Education”, state education standards, ethnosport, primary education, physical education, Turkish peoples, traditional sports, wrestling and its types, archery, kopkari, girl chasing, jirit, mangala, nine bells, lumbering.

The President of the Republic of Uzbekistan, Shavkat Mirziyoev, in his speech at the meeting of the "Council of Heads of State of the Organization of Turkic States" held in Astana, Kazakhstan

on November 3, 2023, said, "In this regard, **the Charter of the Turkic World, which expresses the unity of the Turkic peoples, their great past and rich culture, and ancient values** " development is necessary" [4] - he noted.

It can be seen from this that Turkish peoples are not only materialistic, but most importantly, their values are compatible, and at the same time, it should be recognized that they have enjoyed similar folk games and sports since time immemorial.

In this article, we present the results of research on the coverage of traditional sports of the Turkic peoples in the legal and regulatory documents related to primary education in the Republic of Uzbekistan .

Article 23 of the Law of the Republic of Uzbekistan "On Education" dated August 29, 1997 provides for the education of children and adolescents with disabilities in physical or mental development[1].

This law does not provide information on the development of physical education or sports in the primary education system, as well as on the traditional games of the Turkic peoples. We can see that the focus is only on the education of children with physical and mental disabilities.

"Rights and obligations of learners, their parents and other legal representatives" of the approved (currently effective) Law of the Republic of Uzbekistan on September 23, 2020 "On Education", defines the obligations of learners, according to which education it is determined that the recipients "seek to attain moral, spiritual and physical maturity and expand their worldview" [2].

In this law, it is emphasized that moral, spiritual and physical maturity of the growing young generation is a priority.

Reform of the education system, the parameter that determines the provision of quality education is undoubtedly the state education standards. Resolution No. 390 of the Cabinet of Ministers of the Republic of Uzbekistan dated August 16, 1999 "On approval of state educational standards of general secondary education" stipulates that "students in primary grades acquire the following knowledge, skills and qualifications in the field of human and society, education":

a) Regarding physical maturity:

- to know the concepts of human health and physical maturity;
- to understand the essence of training;
- ability to perform gymnastic exercises;
- knowing and following personal hygiene standards;
- to understand the importance of physical exercises in ensuring human development;
- ability to perform physical education exercises in compliance with safety rules;
- to know the rules of national games;
- being able to use the elements of various sports games;
- prevention of injury, ability to provide first aid in case of injury [5].

Therefore, according to this DTS, physical education, sports, as well as national games, information on the formation of knowledge, skills and qualifications of elementary school students is given. In the decision, the basic curriculum of the state education standard of general secondary education is given. According to the basic curriculum, the subject "Physical education" is written in the 18th place, and it is determined that it will be taught 2 hours a week in grades 1-4. However, in the Decision, the subject of "Physical education" is not reflected in the order of the subjects of grades 1-4 in the division of knowledge, skills and qualifications, it is included in the "Man and society" field.

The Resolution of the Cabinet of Ministers of the Republic of Uzbekistan No. 187 of April 6, 2017 "On Approval of State Educational Standards of General Secondary and Secondary Special Education" states:

Chapter 3 is entitled "Principles of development of educational and methodological complexes for general secondary and secondary special, professional educational institutions", according to which:

–it is determined that the mental and physical capabilities, age, psychophysiological characteristics, level of knowledge, interests, abilities of students are taken into account[6].

Stages of training in physical education in state education standards of general secondary education and competences provided for acquisition.

Table 1.

Graduates	Standard levels	Degree designation
General and secondary education General secondary education 9th grade graduate of schools	A1	The basic level of learning the science of physical education. The basic level of learning the science of physical education
General and secondary education 11th grade school graduates	A2	The general level of education
General and secondary education General secondary education 9th grade graduate of schools	B1	The basic level of learning the science of physical education. The basic level of learning the science of physical education

According to the Resolution of the Cabinet of Ministers of the Republic of Uzbekistan dated April 6, 2017 No. 187 "On Approval of State Educational Standards of General Secondary and Secondary Special Education", qualification requirements for graduates of general secondary educational institutions in the subject of "Physical Education":

1. Competence to understand and apply fitness exercises

A1

- can follow the rules of the agenda;
- can do morning physical education and training exercises during class;
- can follow the rules of formation and walking;
- knows the types of action games and their rules;
- knows the effect of exercise on human health;
- knows the basic rules of chess.

2. Competence to develop physical qualities by correctly performing a set of physical exercises in a sequence

A1

–can connect the sequence of exercises in performing physical exercises (rowing, acrobatics, vaulting, balancing, leaning and hanging, crawling);

–acquires physical qualities (agility, strength, quickness, flexibility, endurance and coordination) when performing exercises;

–can play logical games (chess, checkers, etc.).

3. Competence in safe use of sports equipment

A1

–can follow the rules of injury prevention when performing physical exercises;

–can determine heart rate before and after exercise;

–can follow the safety rules of equipment during physical exercises [6].

The competences stipulated in this State Education Standards do not provide information about the competences that Turkish people need to master in traditional sports.

Decree of the President of the Republic of Uzbekistan dated January 28, 2022 No. PF-60 "On the Development Strategy of New Uzbekistan for 2022-2026" Goal 67: "Increasing the number of citizens who regularly engage in physical education and sports", which includes:

Increase the number of the population regularly engaged in physical education and sports to 33% in 2026.

Popularization of national sports among the youth of the republic.

Development of national sports and folk games in order to increase the popularity of sports in Uzbekistan.

Further development of sanitation work in rural areas and villages of our country.

Establishment of "Health corridors" for jogging and cycling, as well as badminton, streetball and workout fields in each "Green Zone" to be built.

Attracting employees of the ministry, department and organizations and residents to sports events, organizing competitions between them.

Development and implementation of the program of the National Olympic sports games.

Improving the infrastructure of sports facilities where sports games are held and equipping them with the necessary sports equipment.

Organization of the National Olympiad Games at a high level and appropriate promotion of the winners and prize-winners.

Organization of wide coverage of the preparations for the National Olympic Games through mass media, including the Internet.

To increase the share of highly educated trainers working at the Uzbekistan State University of Physical Education and Sports and its branches from 54% to 62% in 2022 and 85% in 2026.

Attracting graduates of Uzbekistan State University of Physical Education and Sports and its branches to sports education institutions [3].

This Decree focuses on national sports and folk games. However, it is not an exaggeration to say that the use of each other's national games in our daily life by the Turkish sister countries further strengthens the ties between peoples, that we are connected not only by traditions, but also by national games, and that it reflects the common goals and intentions.

Forming a healthy lifestyle in our society, creating conditions suitable for the population to regularly engage in physical education and sports, systematically organizing the work of selecting talented athletes, preserving the traditions and values of archery inherited from our great ancestors Amir Temur, Babur Mirzo, Jalaluddin Manguberdi in the future. In order to pass on to generations,

to increase national sports, to ensure the worthy participation of our national archery team in the Olympic and Paralympic, Asian and Para-Asian games, world championships and other major competitions, the President of the Republic of Uzbekistan dated June 17, 2021 "Further development of archery" and popularization measures" Resolution No. PQ-5149 was signed. In connection with the implementation of this Decision, the following are included in the " Additional measures for the further development and popularization of the sport of archery" :

III. Regular organization of national and international competitions and tournaments in archery

Wide celebration of "Archery Day" every year.

1. Wide celebration of "Archery Day" in regions, district (city) centers, general secondary schools, parks.

2. Conducting "skill classes" in the sport of archery.

3. Organization of public sports events in archery.

4. To develop and approve a plan of measures to hold sports events at a high level in Tashkent [7].

It can be seen from this Decision that archery, which is one of the traditional sports of the Turkic peoples, and its study and wide-scale implementation, can be noted as one of the important issues in the Republic of Uzbekistan.

The Resolution No. PQ-259 of the President of the Republic of Uzbekistan dated May 25, 2022 "On measures for the popularization and development of ethno-sports" was approved, and Chapter 2 of the Resolution contains "The main directions of the popularization and development of ethno-sports" in which:

the first direction is to increase the interest of all strata of the population, especially teenagers and young people, to engage in ethnic sports, to promote a healthy lifestyle among them, to hold republican and regional competitions in ethnic sports, including in the system of the Armed Forces and law enforcement agencies;

the second direction — establishing a system of training athletes, trainers, specialists and other personnel in ethnic sports, as well as conducting scientific research;

the third direction — preparation of promotional materials (manuals, booklets, banners, flyers, etc.) about the nature of national sports and folk games, conducting promotional activities in educational institutions, holding seminars, trainings, master classes with the participation of qualified teachers, wrestlers, trainers and experts ;

the fourth direction is strengthening of international cooperation, further popularization and development of ethnic sports [8].

§ 3. In order to realize the tasks of the third direction, it is necessary to implement the following basic measures:

–Preparation of promotional materials (manuals, booklets, banners, flyers, etc.) about the essence of national sports and folk games.

–Publication of the educational methodical manual "National Folk Games", which provides for special conditions for children and teenagers.

–Giving explanations about the physical, intellectual, spiritual and moral role of ethnic sports in pre-school, general secondary, secondary special, professional and higher educational institutions during physical education lessons and spiritual lessons.

–Widely involving young people in ethnic sports on social networks, distribution of motivational videos aimed at popularizing competitions among them.

–Organization of seminars, training, skill classes with the participation of qualified teachers, trainers, wrestlers and specialists in pre-school, general secondary, secondary special, professional and higher education institutions.

Establishing a system of training athletes, trainers, specialists and other personnel in ethno-sports, as well as conducting scientific research:

–from the academic year 2023/2024 on other types of ethno-sports (including national wrestling, Turan wrestling, belt wrestling, wrestling and wrestling, bahodir games and stone-lifting, Ulak-kopkari, horse racing, Uzbek martial arts, dorboz, karatep/lanka) making a proposal on the training of specialists;

–Implementation of research projects on national sports and folk games.

–Preparation of promotional materials (manuals, booklets, banners, flyers, etc.) about the essence of national sports and folk games, carrying out promotional activities in educational institutions, holding seminars, trainings, master classes with the participation of qualified teachers, wrestlers, trainers and experts.

–Preparation of promotional materials (manuals, booklets, banners, flyers, etc.) about the essence of national sports and folk games.

–Giving explanations about the physical, intellectual, spiritual and moral role of ethnic sports in pre-school, general secondary, secondary special, professional and higher educational institutions during physical education classes and spiritual lessons.

Organization of seminars, training, skill classes with the participation of qualified teachers, trainers, wrestlers and specialists in pre-school, general secondary, secondary special, professional and higher education institutions.

–Holding competitions in national sports and folk games in pre-school, general secondary, secondary special, professional and higher educational institutions, encouraging the winning and prize-winning teams at the expense of their own funds.

–Preparation and publication of the "National People's Games" instructional manual, which provides for special conditions for children and teenagers [8].

So, it can be understood from this Decision that traditional sports of Turkic peoples are widely practiced in the Republic of Uzbekistan. Through these games in the neighborhood, educational institution, and organizations, the games of our people, which have a thousand-year past, are re-established from seven to seventy years old. However, traditional sports of the Turkic peoples did not take full place in the decision. For example, such types of archery, "Yogli Kurash", a type of wrestling that is common in Turkey, Mangala, nine korgols, wood pulling, javelin, girl chasing, spear throwing, etc., are not reflected in the legal and regulatory documents. These documents mainly include action games for students of 1-4 grades in the primary education system. There is no information about the traditional sports games or ethnosports of the Turkic peoples in the DTS and the basic curriculum about providing theoretical information to the students about these games.

References:

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2. The approved (currently valid) Law of the Republic of Uzbekistan "On Education" dated September 23, 2020. <https://lex.uz/docs/5013007>

3. Decree of the President of the Republic of Uzbekistan dated January 28, 2022 "On the Development Strategy of New Uzbekistan for 2022-2026" No. PF-60

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4. President of the Republic of Uzbekistan Shavkat Mirziyoyev in his speech at the meeting of the "Council of Heads of State of the Organization of Turkish States" held in Astana, Republic of Kazakhstan on November 3, 2023 <https://president.uz/uz/lists/view/6831>

5. Resolution No. 390 of the Cabinet of Ministers of the Republic of Uzbekistan dated August 16, 1999 "On approval of state educational standards of general secondary education".

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7. Resolution PQ-5149 of the President of the Republic of Uzbekistan dated June 17, 2021 "On measures to further develop and popularize the sport of archery".

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8. Resolution PQ-259 of the President of the Republic of Uzbekistan dated May 25, 2022 "On measures to popularize and develop ethnic sports" <https://lex.uz/docs/6035637>

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